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Personal Blender

USER CARE AND INSTRUCTION MANUAL

Thank you for purchasing the **RICARDO** personal blender. Before using this product, please read the user care and instruction manual carefully.

..... **IMPORTANT SAFEGUARDS**

When using electrical appliances, basic safety precautions should always be followed to prevent fire, electric shock, serious personal injury and/or property damage, including the following.

READ ALL INSTRUCTIONS CAREFULLY BEFORE FIRST USE.

- ::: This appliance should not be used by children. Keep appliance and its cord out of the reach of children and pets. Close adult supervision is necessary when any appliance is used near children.
- ::: Do not let the power cord to hang (over the edge of a table or counter) or touch hot surfaces.
- ::: Do not operate any appliance with a damaged cord or plug, after the appliance malfunctions or has been damaged in any manner. Do not attempt to repair this product yourself. If there is a problem, please call 1-833-751-4101.
- ::: **CAUTION** The blades are sharp. Handle and clean with care.
- ::: To avoid injuries, NEVER connect the blade to the motor base. Always attach the blade to the cup first and then, place the cup assembly onto the motor base.
- ::: Ensure the blade and the cup are securely attached together before locking the cup assembly onto the motor base.
- ::: **ATTENTION** Do not turn on the appliance before being certain that the cup assembly is properly locked to the motor base.
- ::: Always use the appliance on a flat, level, dry and stable surface. Do not move the blender while it is in use.
- ::: **DO NOT blend hot liquids or food.**
- ::: **Do not operate the appliance for more than 2 minutes continuously. Allow the appliance to rest 1 minute between each use.**
- ::: Never attempt to remove the cup from the blade while it is attached to the motor base.
- ::: Do not attempt to remove the cup assembly from the appliance while in use. Wait until the blades have stopped rotating.
- ::: Do not use as a meat grinder or a food processor.
- ::: Do not operate the blender if empty.
- ::: Never insert foreign objects into the clutch mechanism at the top of the motor base.
- ::: Avoid contact with moving parts to prevent personal injury or damage to the appliance.
- ::: Do not leave the appliance unattended. Always make sure the appliance is turned off, the motor has stopped completely, and the appliance is unplugged from the electrical outlet when not in use, before changing parts, cleaning or moving the appliance.
- ::: To unplug, grasp the plug and pull it from the electrical outlet. Never pull cord.
- ::: Do not use the appliance for anything other than its intended use. Do not use attachments or accessories that are not recommended or sold by the manufacturer.
- ::: Do not use with programmable device.

... To protect against electrical shock, do not immerse power cord, plug or the appliance base in water or other liquid.

... Connect the power plug to an easily accessible outlet so that the appliance can be unplugged immediately in the event of an emergency.

... Do not plug or unplug the product into/from the electrical outlet with wet hands.

... Do not place the appliance on or near a hot gas or electric burner or in a heated oven or microwave oven.

... This appliance is intended for indoor, non-commercial use. Do not use outdoors or for anything other than its intended use.

... The cord for this appliance should be plugged into a 120V AC electrical wall outlet.

SAVE THESE INSTRUCTIONS - FOR HOUSEHOLD USE ONLY

NOTES ON THE PLUG

For safety reasons, this appliance has a polarized plug (one blade is wider than the other). To reduce the risk of electric shock, this plug can only be inserted one way into the electrical outlet. If the plug does not fit correctly into the outlet, reverse the plug and insert into the outlet. If it still does not fit, contact a qualified electrician for further assistance. Do not attempt to modify the plug in any way.

NOTES ON THE CORD

The short power-supply cord provided should be used to reduce the risk resulting from becoming entangled in or tripping over a longer cord. Do not use an extension cord with this appliance.

Do not operate appliance if the cord shows any damage or if appliance works intermittently or stops working entirely.

ELECTRIC POWER

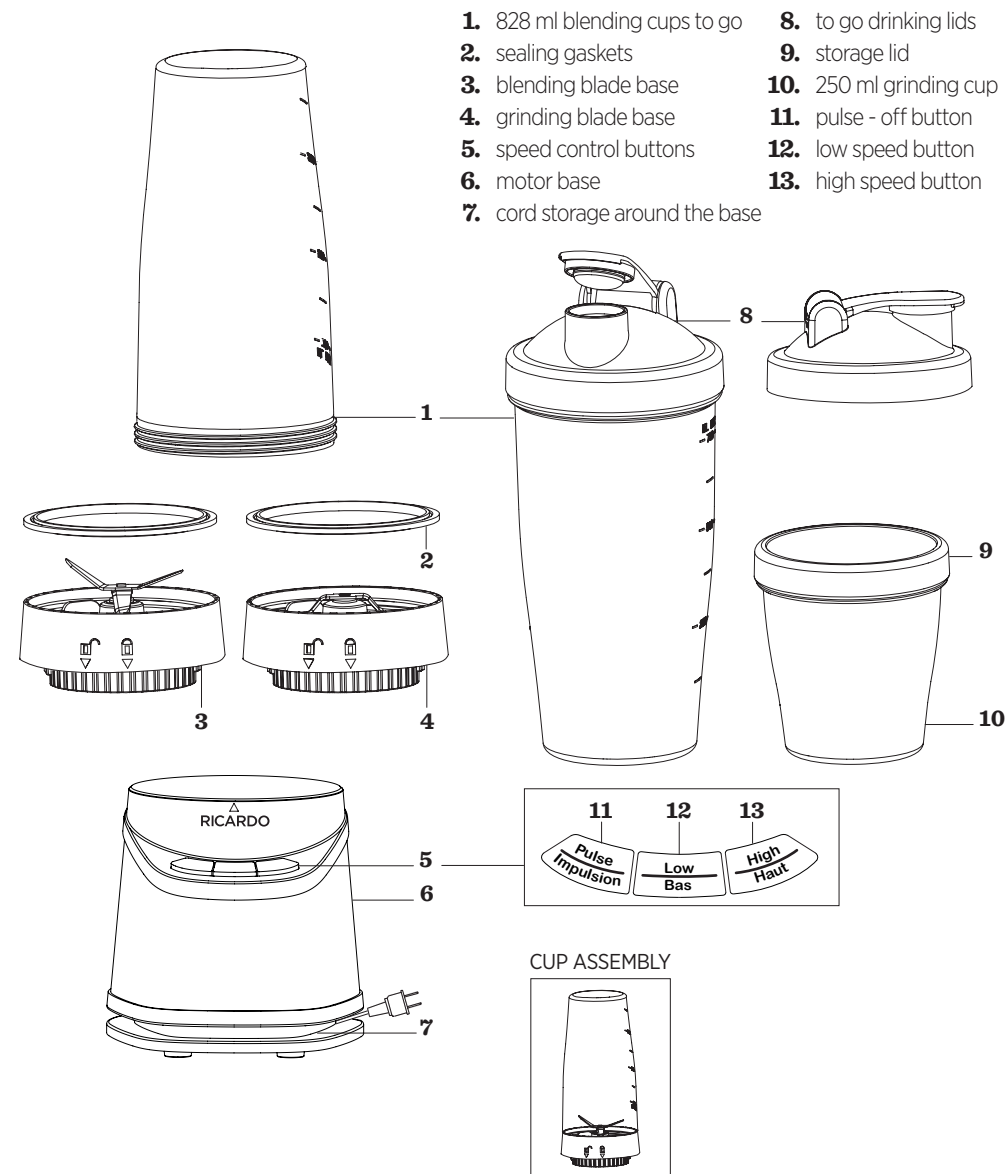
If the electrical circuit is overloaded with other appliances, the appliance may not operate properly. It should be plugged into a separate electrical circuit.

TECHNICAL DATA

Main voltage: 120V / Frequency: 60Hz / Power consumption: 300 watts

PARTS IDENTIFICATION

Products may vary slightly from diagram.



BEFORE FIRST USE

- ::: Read all instructions and important safeguards.
- ::: Remove all packaging materials and ensure that all items have been received in good condition.
- ::: Tear up all plastic bags as they can pose a risk to children.
- ::: Clean thoroughly before using the personal blender for the first time.

- 1- Do not plug the appliance into an electrical outlet before it's ready to be used.
- 2- Unscrew the blade bases from the cups and wash all removable parts and accessories in hot soapy water. Rinse and dry thoroughly (or clean in the dishwasher).
- 3- DO NOT immerse the motor base, the electrical cord or plug in water or any other liquids. Wipe the motor base with a damp cloth and dry thoroughly.
- 4- **IMPORTANT** Before each use, ensure the sealing gasket is properly inserted into the groove of the blade base. Verify it is properly installed in place by pressing all around on its entire surface so that it sits flat into the groove. Blades are sharp, handle with care.

NOTE: Do not use abrasive cleaners or scouring pads or any other object that could scratch.

USING THE PERSONAL BLENDER

BLADES & SPEED CONTROL



Use the **blending blade** for smoothies, icy beverages, dips and spreads.

- ::: First, it is best to pulse a few times to crush ice or frozen fruits into small pieces by pressing the PULSE button repeatedly for short bursts. Then, press on the LOW speed or HIGH speed button for continuous blend to obtain the desired consistency.
- ::: Use LOW speed button to obtain a thick, chunky texture.
- ::: Use HIGH speed button for a creamy, smooth texture.



Use the **grinding blade** to grind coffee beans, nuts, grains and whole spices.

- ::: Press the PULSE button repeatedly for short bursts, until the desired grind is obtained.

FOOD	BLADE TYPE		MODE	
	BLENDING BLADE	GRINDING BLADE	CONTINUOUS BLEND	PULSE
COFFEE BEANS (MAX 75 G / 1 CUP)		X		X
WHOLE SPICES (MAX 150 G / 1 CUP)		X		X
NUTS (MAX 250 G / 2 CUPS)		X		X
ICE CUBES*	X			X
FROZEN FRUITS** (MAX 125 G / 1 CUP)	X			X
FRESH FRUITS** (CUT INTO PIECES)	X		X	
VEGETABLES** (CUT INTO PIECES)	X		X	
LEAFY VEGETABLES**	X		X	

* To crush ice cubes, always use the PULSE function. Do not blend continuously.

** Always add liquid to blend.





HOW TO USE

During first use of the appliance, smoke and/or a slight odour may occur from the appliance. This is normal and will quickly disappear. It will not recur after appliance has been used a few more times.

IMPORTANT!

- ::: Do not fill the cup over the MAX line. Overloading can strain the motor and cause irreversible damages.
- ::: Do not attempt to blend firm food such as potatoes, to grind meat or to mix dough.
- ::: Do not process hot food, hot liquids or carbonated beverages.
- ::: Cut fruits and vegetables into small pieces.
- ::: Always place ingredients into cup in the following order: Frozen ingredients (ice cubes, frozen fruits), fresh ingredients and liquids.
- ::: **When blending smoothies, always fill the cup half way with liquids (minimum 300 ml).**
- ::: **Do not blend more than 1 cup (125 g) of frozen fruits at a time.**
- ::: When blending thicker mixtures, do not fill the cup more than 500 ml to avoid overheating the motor.
- ::: If the blade stops spinning, unplug the appliance immediately. The content is too thick. Remove the cup assembly, shake it to unblock the blade and add thin liquid to recipe. If the blade is still obstructed, add more thin liquid or reduce the solid food.

- 1- Unplug the appliance if it is plugged in.
- 2- Add the desired ingredients into the cup without exceeding the maximum line MAX. The fruits and vegetables must be cut into small pieces beforehand.

- 3- Before each use, always ensure the sealing gasket is fully inserted into the groove of the blade base by pressing all around on its entire surface. Attach the desired blade base to the cup, ensuring that it is securely screwed and tightened to the cup.
- 4- Place the cup assembly onto the motor base aligning the  icon on the blade base with the arrow icon  on the motor base. Turn clockwise to securely lock in place aligning the arrow  on the motor base with the  icon on the blade base.

CAUTION: The appliance has a locking mechanism that prevents the appliance from operating and the blade from turning if the cup is not securely screwed to the blade base.

- 5- Plug the power cord into a 120V wall outlet. Be certain the cup assembly is securely locked to the motor base before operating the appliance.
- 6- Select the desired speed control. Press the PULSE button a few times for short bursts if processing ice or frozen fruits/vegetables. For continuous blending, press the LOW speed or HIGH speed button.
- 7- Once desired consistency is obtained, press the PULSE button to turn OFF the appliance and unplug from electrical outlet.
- 8- Wait for the blades to stop rotating then, remove the cup assembly from the motor base. Unscrew the blade base from the cup and replace with the travel lid to drink on the go.
- 9- Clean all parts immediately after each use.

WARNING: Do not operate the appliance for more than 2 minutes continuously. Allow the appliance to rest 1 minute between each use.

NOTE: The cups may become scratched when used for grinding coffee and spices. This does not affect the performance of the product.

CLEANING

IMPORTANT: Unplug before cleaning and ensure the blades have stopped rotating before handling or cleaning the appliance.

- ::: Disassemble all parts. Remove the sealing gasket only if necessary.
- ::: Wash all removable parts in hot soapy water after each use (or place in the dishwasher). Rinse and dry thoroughly.
- ::: NEVER immerse the motor base, the electrical cord or plug in water or any other liquids. If needed, wipe the motor base with a damp cloth and dry thoroughly.
- ::: Reassemble the blender for compact storage. Ensure the sealing gasket is properly installed in place.
- ::: For safe storage, screw the blades with the cups.

WARNING: Blades are sharp, handle with care while cleaning. To avoid injuries, use a brush to clean the blades. Do not touch blades with bare hands.

NOTE: Do not use abrasive cleaners or scouring pads or any other object that could scratch.

STORAGE

Ensure all pieces are clean and dry before storing. Store appliance in a dry, clean place. Never wrap the cord tightly around the appliance, as this could place undue stress on the cord where it enters the appliance and cause it to fray and break. Keep it loosely coiled.

2-YEAR LIMITED WARRANTY (Applies only in Canada)

This warranty covers any defects in materials and workmanship for a period of two (2) years from the date of the original purchase. Please retain your original receipt as a proof of the purchase date. Any complaints must be registered within the warranty period. The product will be repaired, replaced (parts or entire appliance) or refunded at our sole discretion. Shipping charges may apply.

This warranty does not cover normal wear of parts or damage resulting from any of the following: negligent use or misuse of the product including failure to clean the product regularly, use for commercial purposes, accident, use on improper voltage or current, use contrary to the operating instructions, disassembly, repair or alteration by anyone other than a **RICARDO** authorized service agent.

Please do not return this product to the store. For assistance, please contact 1-833-751-4101.

If you have any questions regarding this product, please contact our customer service:

::: by e-mail: customerservice@ricardocuisine.com

::: by phone: 1-833-751-4101



smoothie breakfast bowl

PREPARATION 15 minutes

SERVINGS 1

- 1/2 cup** (125 ml) plain Greek yogurt
- 1/3 cup** (50 g) frozen blueberries (see note)
- 1/3 cup** (45 g) fresh blackberries
- 1/2** small banana, sliced
- 1 tbsp** (15 ml) maple syrup
- 1/3 cup** (40 g) quinoa granola (see recipe)

1 Using the blending blade, purée the yogurt, three-quarters of the fruit and the maple syrup until smooth. Pour into a small bowl.

2 Top with the remaining fruit and the granola.

| NOTE | If using fresh blueberries instead of frozen, refrigerate the smoothie for several minutes before serving.

quinoa granola

PREPARATION 15 minutes

COOKING 20 minutes

MAKES 3 1/2 cups

- 1/2 cup** (90 g) quinoa, rinsed and drained
- 1/2 cup** (80 g) shelled pumpkin seeds
- 1/2 cup** (75 g) shelled sunflower seeds
- 1/2 cup** (65 g) unsalted cashews, crushed
- 1/2 cup** (65 g) unsalted shelled pistachios, crushed
- 6 tbsp** (90 ml) maple syrup
- 2 tbsp** (30 ml) canola oil
- 1/4 tsp** salt

1 With the rack in the middle position, preheat the oven to 325°F (160°C). Line a baking sheet with parchment paper or a silicone mat.

2 In a large bowl, combine all the ingredients.

3 Spread the mixture onto the prepared baking sheet. Bake for 20 minutes, stirring halfway through cooking. Let cool completely.

4 The granola will keep for about 1 month in an airtight container in a cool, dry place.

apple and spinach smoothie

PREPARATION 15 minutes

SERVINGS 2

- 1** green apple, cored and chopped
- 1/2** banana, chopped
- 5 oz** (150 g) soft tofu
- 1 cup** (25 g) baby spinach
- 1 tbsp** (15 ml) maple syrup
- 1 tsp** fresh ginger, chopped (optional)
- 5** ice cubes

1 Using the blending blade, purée all of the ingredients until smooth.

2 Pour into glasses.





classic pesto

PREPARATION 15 minutes

MAKES 500 ml (2 cups)

* FREEZES WELL *

- 3 cups (750 ml) lightly packed fresh basil
- 1/2 cup (125 ml) pine nuts, toasted
- 1/2 cup (125 ml) grated Parmigiano-Reggiano cheese
- 1 tbsp (15 ml) lemon juice
- 2 cloves garlic, peeled
- 1 cup (250 ml) olive oil

Using the blending blade, mix all the ingredients until the mixture is creamy but still slightly grainy. Season with salt.

| NOTE | Store in the refrigerator for up to two weeks or freeze.

frozen margarita

PREPARATION 10 minutes

SERVINGS 2

- 1 cup (250 ml) ice cubes
- 2 oz (60 ml) tequila
- 1 oz (30 ml) orange liqueur (such as Cointreau, Triple Sec)
- 2 oz (60 ml) lime juice
- 1 1/2 oz (45 ml) cane sugar syrup (see note)

1 Using the blending blade, finely crush the ice cubes with the remaining ingredients until white and slushy in consistency.

2 Serve in two frosted glasses.

| NOTE | The cane sugar syrup can be replaced with the same quantity of simple syrup (equal parts sugar and water brought to a boil, then cooled).



